

NEWS 20

Study: Students more stressed now than during Depression?

— A new study has found that five times as many high school and college students are dealing with anxiety and other mental health issues as youth of the same age who were studied in the Great Depression era.

Researchers at five universities analyzed the responses of 77,576 high school or college students who, from 1938 through 2007, took the Minnesota Multiphasic Personality Inventory, or MMPI. The results will be published in a future issue of the Clinical Psychology Review.

Studies show that if a teen has an attachment to just one positive adult figure that sticks with them throughout their adolescence, their chance of leading a successful, healthy life increases significantly.

Sobering signs of the times enforce the importance of the role of a youth worker equipped with the loving power of Jesus.

God has gifted you with the means to enable me through prayer, encouragement and financial support.

THANK YOU!

Love Calvin, Elisa & Annika